



NYU Hospital for Joint Diseases
NYU LANGONE MEDICAL CENTER

THE YOUNG ADULT WITH HIP PAIN

The Latest Update on Hip Arthroscopy,
Joint Preservation, Resurfacing &
Minimally Invasive Total Hip Replacement.

Friday, November 13, 2009

NYU Hospital For Joint Diseases, Loeb Auditorium
301 East 17th Street, New York, NY

Course Directors: Roy I. Davidovitch, MD & James Slover, MD

Sponsored by the NYU Post Graduate Medical School

LOCATION

NYU Hospital for Joint Diseases
Loeb Auditorium, 301 East 17th Street
New York, NY 10003

PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER

COURSE CONFIRMATION

Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed.

If there is a specific topic or question relating to this course that would help fulfill your educational needs, please submit it on the registration panel.

PARKING

Street parking in Manhattan is very limited. There are many parking garages located in the vicinity of the hotels and NYU Medical Center. Most garages have Early Bird Specials for rates of \$12-18.

AGENDA

7:00 am Registration & Continental Breakfast

7:30 Welcome
Joseph D. Zuckerman MD, President of the American Academy of Orthopaedic Surgeons, Chairman Department of Orthopaedics NYU Hospital for Joint Diseases

7:35 Introduction from the Course Director
Roy I. Davidovitch, MD

Etiology and Imaging of Hip Disorders

Moderator: Roy I. Davidovitch, MD

7:50 Differential Diagnosis and Physical Exam of the Young Adult with Hip Pain
Thomas Youm, MD

8:10 Non-Operative Management of Hip Disorders
Marijeanne Liederbach, PT, PhD

8:25 Anatomy and Vascularity of the Hip & Labrum
Alfred D. Grant, MD

8:45 Discussion

8:55 Standard Imaging of the Hip
Leon D. Rybak, MD

9:15 Clinical Correlation of Radiographic Findings
George Nomikos, MD & Robert J. Meislin, MD

9:35 Discussion

9:45 Coffee Break

Labral Pathology and Femoral Acetabular Impingement (FAI)

Moderator: David S. Feldman, MD

9:55 Open Treatment of FAI
Roy I. Davidovitch, MD

INFORMATION

Registration Office
NYU Post-Graduate Medical School
P.O. Box 1855
Murray Hill Station, New York, NY 10016
Phone: 212-263-5295; Fax: 212-263-5293

Please note: We cannot accept telephone registration. Visit our website at www.med.nyu.edu/cme

ONLINE REGISTRATION PREFERRED

Applications will be accepted in order of their receipt. Visit our secure website at to submit online registration.
www.med.nyu.edu/courses/cme/pedhip

HOTELS

Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website.

10:15 Arthroscopic treatment of FAI
Robert J. Meislin, MD

10:35 Osteotomy of the Hip and Proximal Femur
David S. Feldman, MD

11:00 Discussion

11:15 **Hip Arthroscopy Live Surgical Demonstration**
Thomas Youm, MD & Robert J. Meislin, MD

12:15 pm Discussion

12:30 Lunch

Arthroplasty in the Young Adult

Moderator: James Slover, MD

1:15 Hip Arthroplasty Options In The Young
Scott E. Marwin, MD

1:35 Hip Resurfacing
James Slover, MD

1:55 Hybrid Options for THA
Steven A. Stuchin, MD

2:15 Discussion

2:35 MIS THA via Anterior Approach
Roy I. Davidovitch, MD

2:55 MIS THA via Posterior Approach
Patrick Meere, MD, CM

3:15 Future Directions in Hip Arthroplasty
Justin Lamont, MD

3:35 Discussion

3:45 Concluding Remarks

4:00 Adjourn

COURSE FACULTY

COURSE DIRECTORS

Roy I. Davidovitch, MD

Assistant Professor of Orthopaedic Surgery
Director of The New York Hip Center
NYU School of Medicine
NYU Hospital for Joint Diseases
New York, NY

James Slover, MD

Assistant Professor of Orthopaedic Surgery
Co-Director of The New York Hip Center
NYU School of Medicine
NYU Hospital for Joint Diseases
New York, NY

NYU SCHOOL OF MEDICINE/HOSPITAL FOR JOINT DISEASES FACULTY

David S. Feldman, MD

Associate Professor of Orthopaedic Surgery

Alfred D. Grant, MD

Clinical Associate Professor of Orthopaedic Surgery

Marijeanne Liederbach, PT, PhD

Director of Research and Education
Harkness Dance Injury Program

Justin Lamont, MD

Clinical Associate Professor of Orthopaedic Surgery

Scott E. Marwin, MD

Clinical Associate Professor of Orthopaedic Surgery

Patrick Meere, MD, CM

Clinical Assistant Professor of Orthopaedic Surgery

Robert J. Meislin, MD

Assistant Professor of Orthopaedic Surgery

George Nomikos, MD

Assistant Professor of Radiology

Leon D. Rybak, MD

Assistant Professor of Radiology

Steven A. Stuchin, MD

Associate Professor of Orthopaedic Surgery

Thomas Youm, MD

Clinical Assistant Professor of Orthopaedic Surgery

Joseph D. Zuckerman, MD

Walter A.L. Thompson Professor
of Orthopaedic Surgery

GENERAL INFORMATION

ACCREDITATION STATEMENT

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The NYU Post-Graduate Medical School designates this educational activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURE STATEMENT

The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and Policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

TARGET AUDIENCE

Orthopaedic surgeons, rheumatologists, physical therapists and other allied healthcare professionals.

COURSE DESCRIPTION

The Young Adult Hip CME course will address issues in this emerging field within orthopaedic surgery. Over the past decade new research into the field of young adult hip disorders has provided significant advances in patient care. The young adult patient with hip arthritis has for a long time been a perplexing problem in orthopaedics. A better understanding of the underlying causes of hip arthritis in this subgroup of patients now exists. This newfound knowledge is based on a deeper understanding of the anatomy of the hip, its subtle variations and nuances, which have been greatly elucidated in recent years. Although readily available, this information has not yet been widely disseminated to the orthopaedic community and is only now becoming a part of residency training. Practicing orthopaedic surgeons therefore have a knowledge gap in this regard. As a consequence of this new information we are now better able to correctly diagnose young adults with hip pain as having pre-arthritis hip symptoms, define the abnormality and potentially correct it. The field of joint preservation surgery has thus evolved. The dominant cause of young adult hip pain and early arthritis is likely Femoral Acetabular Impingement (FAI), an entity that has been defined only in the past 10 years. Identification of this process along various points in its continuum can be treated using a variety of surgical procedures from minimally invasive to more invasive techniques. Other causes of young adult hip arthritis are rooted in pediatric conditions and trauma. An additional aspect of the Young Adult Hip is the patient that presents at a young age (<60 years old) with already advanced hip arthritis. New minimally invasive hip replacement and resurfacing procedures have been developed in these patients who are no longer candidates for hip preservation surgery. These cutting edge techniques allow rapid rehabilitation and return to work and recreational activities at a rapid rate. The program includes a live surgical demonstration.

STATEMENT OF NEED

Practicing clinicians need to be aware of pre-arthritis conditions of the hip in young adults in order to correctly diagnose young adults with hip pain as having pre-arthritis hip symptoms, define the abnormality and potentially correct it. Practicing clinicians need to be aware that surgical procedures exist to prevent, retard and relieve these pre-arthritis conditions and the development of hip arthritis. Practicing clinicians need to be aware of emerging techniques in hip replacement options once the young adult presents with arthritis in order to consider this technique, which allows rapid rehabilitation and return to work and recreational activities at a rapid rate. Practicing clinicians need to have the anatomic basis for understanding the pathology of the painful young adult hip, and thus define the anatomy of the hip and correlate it with radiographic studies in order to prevent missed diagnosis.

EDUCATIONAL OBJECTIVES

- Identify, diagnose and counsel patients with pre-arthritis hip symptoms regarding their diagnosis with possible treatment or appropriate referral.
- Identify surgical candidates and develop and implement surgical plan to preserve the hip joint.
- Counsel young adult patients towards resurfacing versus hip replacements and define the longevity of the implant and expected functional outcome of patients
- Identify the new discoveries in hip anatomy, labral pathology, dysplasia and impingement that contribute to hip pain.

THE YOUNG ADULT WITH HIP PAIN #443

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Please do not reduce or enlarge this form.

Register online at www.med.nyu.edu/courses/cme/pedhip

On-site registrants will incur an additional \$20 charge and will receive a receipt by email in 1-2 weeks.

After November 11, 2009, only on-site registration available.

PLEASE PRINT CLEARLY IN BLOCK LETTERS AND NUMBERS

Name _____

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Course Confirmation: Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed. Make sure your e-mail address is clearly written.

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(REQUIRED FOR CME CREDIT)

Full Fee - Physicians: \$450

Reduced Fee: \$300*

*Reduced fee applies to NYU School of Medicine alumni, former residents and fellows; M.D.s employed by the Department of Veterans Affairs Medical Center; full-time active military personnel; nurse practitioners; and all other non-M.D. healthcare professionals. Eligibility for reduced fee must be indicated below.

Refund Policy: An administrative charge of 30% of your tuition payment will be assessed for cancellations prior to October 30, 2009. Cancellations must be in writing and postmarked no later than the above date. Faxes and emails are not accepted. Cancellations will not be accepted after the above date.

Course Cancellation Policy: In the unusual circumstance that this course is cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

Methods of Payment: Cash and phone registration are not accepted. If faxing, do not mail or refax, this will only result in a duplicate charge to your account.

- Check in U.S. Dollars only \$ _____
- Credit Card Payment (see to the right)
- International Postal Money Order
(Foreign registrants, including those from Canada, must pay by International Postal Money Order or credit card.) \$ _____

Make check payable to:

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NYU Post-Graduate Medical School
P.O. Box 1855, Murray Hill Station,
New York, NY 10016

Credit card payments may be faxed to (212) 263-5293

Bill to: Visa MasterCard American Express

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Amount to be charged: \$ _____ Exp Date: _____

Signature: _____

To help fulfill your continuing education needs, submit a question or topic relating to this course:

Special needs or requests: _____



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An anatomical illustration of a human hip and spine, rendered in a blue, semi-transparent style. The hip joint is highlighted with a red glow, indicating the focus of the event.

ONLY NOTICE

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